

FRIDAY, MAY 27 4pm Pacific 6pm Central 7pm Eastern						Opening, Taikyoku, Tribute to Black Belt and Dan Promotions, Social	
SATURDAY, MAY 28	Channel 6-Shawn	Channel 2-Mark B	Channel 3-Gaylan	Channel 4-Dawn	Channel 5-Jo	Channel 1-Rohai	
Session 1: 1 hour 6-7am Pacific 8-9am Central 9-10am Eastern	Senseis Kaylyn Kraus & Alek Kaknevicus A Workout for Martial Artists	Senseis Andy Gannon & Jan Nelson Noi Cong - Inner Strength Form	Sensei Marc Gowan An Actor's Guide to Adding Drama to your Kata	Sensei Lynne Correia Chi Gung Warmup with body movement principles for Nhu 1	Sensei Joe Montague Jo (4-ft staff) basics, with comparisons to tambo and bo	Sensei Roy Albang Cuong Nhu Philosophy Plus	
Session 2: 7:30-9am Pacific 9:30-11am Central 10:30-Noon Eastern	Sensei Ming Fung The Rocky Demo! Review and practice	Masters Robert First & Elizabeth Roman Bo 6 and Applications	Sensei Gaylan Lewallen Mystical Martial Arts Kata for kids	Sensei Gerry Goradesky Nunchaku (for adults)	Master Ricki Kay Tai Chi basic movements: breathe, relax, enjoy	Sensei Rosario Fico 6 movements, 4 directions drill, for white thru 2 green	
Session 3: 9:30-11am Pacific 11:30-1pm Central 12:30-2pm Eastern	Sensei Shawn Whitney Pinan 4 and Applications	Sensei Mark Brandenburg Formatted and Free-form Self Defense	Sensei Gerry Goradesky Basic Nunchaku for kids	Master Darius Jones Double Tambo 3 and Applications	Sensei John Salmon Understanding Applications (green belt & up)	Senseis Johnson Kung & Chris Perry Instructional Principles: The Basics of Teaching	
Session 4: 11:30am-1pm Pacific 1:30-3pm Central 2:30-4pm Eastern	Sensei Kaylyn Kraus Snake Form and Applications	Sensei Kevin Cardoni Double Tambo 1 and Applications	Sensei Gaylan Lewallen Adventure Tambo! for kids	Masters Robert First & Elizabeth Roman Kicks from the Ground and Apps	Sensei Joe Shacter Tambo 1 and Applications	PANEL DISCUSSION on Community Self-Defense Classes with Q & A. see more info --->>	Hear panelists Chris Court, Joanne Jones, Parnee Poet & Lara Tribe-Jones, and join the discussion
Session 5: 1:30-3pm Pacific 3:30-5pm Central 4:30-6pm Eastern	Sensei Johnson Kung Centerline Kata and Principles	Sensei Mark Brandenburg Tambo locks, blocks, and disarms	Sensei Alek Kaknevicus Tiger Form and Applications	Sensei Angel Albanese Jutte and Applications	Sensei Roy Albang Taikyoku Applications, beginner to advanced	Sensei Tanner Critz Dojo Growth Roundtable	
Wrap-up and Social time: 3:15-? Pacific 5:15-? Central 6:15-? Eastern						Demo, Closing, Social hour	